

When the Surgery is closed, and you need medical help please telephone 111. This is an NHS telephone service to use when it is not urgent enough to call 999, but you need some medical health or advice. It is a free service from both landlines and mobiles and is open 24 hours per day.



Newton Drive Health Centre

Newton Drive, FY3 8NX,
01253 955717

Layton Medical Centre

200 Kingscote Drive, FY3 7EN
01253 951955

Marton Medical Practice

150-158 Whitegate Drive, FY3 9ES,
01253 953070



**Meet your
General
Practice
Clinical Team**



■ **Social prescribing link workers** - help patients manage their social, emotional and physical wellbeing by connecting them to local groups and services that can offer practical and emotional. These include volunteering opportunities, physical activities and even debt and housing advice.



■ **General Practice Nurses** - take blood samples, give vaccinations and carry out screening. Many surgeries now also have mental health nurses, district nurses, midwives and nurse practitioners (who can diagnose, treat and order tests), too.

■ **Podiatrists** - diagnose and treat foot and lower-limb conditions.

■ **Community Pharmacy** - have qualified pharmacists who are health professionals and experts on medicine. They can offer clinical advice and over the counter medicines for all sorts of minor illnesses and same day consultations can be arranged quickly and at a time to suit you.

General Practitioner – are medical experts and treat all common medical conditions. They focus on health, combining physical, psychological and social aspects of care.



■ **Clinical pharmacists** - are experts in medicines who help patients stay as well as possible by supporting those with long-term conditions, such as asthma, diabetes and high blood pressure and people taking multiple medicines, to make sure their medication is working.

■ **Mental health practitioners** - support adults whose needs can't be met by local talking therapies but who might not need ongoing care from hospitals or mental health teams. They can refer patients to a range of different services.

■ **Health and wellbeing coaches** - help people manage their own health conditions by developing their knowledge, skills, and confidence in dealing with the issue to prevent long-term illness or it getting worse.

Paramedics - have experience in everything from minor injuries to more serious conditions such as asthma, and now help manage routine and urgent appointments and carry out home visits.



■ **Physiotherapists** - can assess, diagnose and treat a range of complex muscle and joint conditions such as arthritis and back pain without needing hospital care. They can also arrange access to further treatment, investigations and specialists when needed.

■ **Care co-ordinators** - help make sure that patients are connected to the right services or professionals at the right time. They can also help people manage their own needs, preparing them for upcoming appointments, monitoring their health and responding to any changes.

